

SAFE BEHAVIOURS FOR YOUNG PEOPLE



SAFE AND UNSAFE BEHAVIOURS IN GLIDING

SAFE BEHAVIOURS

Contact: Physical touch is not usually needed in gliding. If it happens it should be in front of other people and WITH your consent, such as a pat on your back or high five to celebrate a good flight.

Communication: Guidance on your flying that is positive, helpful, and not based on you as a person. Adults should be calm and kind and use words you easily understand. Online communication should always include your parents or guardian.

Boundaries: When an adult has safe, good boundaries it means they:

- make sure you understand their role
- act friendly, but not a friend
- treat everyone the same
- follow the rules with taking photos of you
- always behave appropriately around you and other young people that they are in contact with

UNSAFE BEHAVIOURS

Contact: Any touch you do not consent to, or makes you feel uncomfortable. Any touch that, seems sexual, involves your private parts, or embarrasses you. Any touch that happens in a private place like a car.

Communication: Any language or communication that makes you feel unsafe, worried, scared, or embarrassed. Any comment online or in person that is sexual or private.

Boundaries: When an adult has unsafe, or poor boundaries it means they:

- favour or single you out
- accept or give gifts to you or your family
- contact you outside of gliding activities, including through social media

SAY SOMETHING

If you have worries about your safety or the safety of someone else at gliding, or have heard or seen something that makes you feel uncomfortable... it is important you say something.

Speak to a parent, carer, family member or trusted adult like a club member, another pilot or trainer.

Write down your worries and give them to someone at your club or committee.

REMEMBER WE WANT ALL YOUNG PEOPLE TO BE SAFE, FEEL SAFE, FLY SAFE